



LIVING HEALTHY, WEALTHY & WISE

SOLUTIONS FOR WELL-BEING AND PARENTING

Join us for an informative and educational afternoon. Learn about current research and key information on healthy parenting, healthy financial strategies for everyday living, the environment, and the benefits of organic, living naturally in our modern world. It's not just for Parents, its for everyone!!!!

- Research from Dr Lantz and information from the book *Chemical Free Kids: Raising Healthy Children in a Toxic World*
- **Toxicity and Children - what makes them more susceptible to chemicals?**
- 'Green-washing' and information on labelling
- **What's the difference between natural, organic and certified organic**
- Environmental impact of synthetic chemicals and pesticides
- **Specific ingredients to be aware of in personal care product**
- Examining the *Energy Layers* of your home to find out more about you, and your family's Health & Well-Being
- **Why moving unwanted and toxic energy from your home, business, body and spirit can manifest success**
- Discover the most effective and efficient way to eliminate credit card debt
- **Why using cash works**
- The importance of goal setting

Dr Sarah Lantz - a lecturer and researcher at the University of Queensland, expert in the area of chemicals and kids, mother, and author of the best seller, *Chemical Free Kids; raising Healthy Children in a Toxic World*. Dr Lantz will share with you the latest research 'insider information' on chemicals and their impacts on human health. You'll also get simple tips on becoming an ingredient detective to avoid toxins and safeguard your family.



Michelle House - well known as a budgeting expert, thanks to the creation of her practical budgeting tool called the 'Personal Budget Organiser', founder of savings tips website, www.secretbudget.net and successful Money Coach. You will discover 3 easy steps to help you get back on top of your household finances.

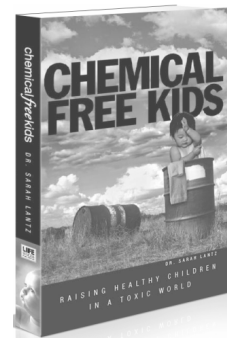


Jannette Tibbs - Senior Holistic Feng Shui Practitioner, Holistic and Natural Therapist, and mother of three, will talk about observational techniques for promoting Health, Prosperity and Happiness to any space or place. By examining the layers of energy that make up our homes, thoughts, feelings and families, we can begin to understand our intuition, **and trust our instincts**, when it comes to knowing 'what's good for us'.



OVER \$500 IN PRIZES TO BE WON !

- a copy of Dr Lantz's *Chemical Free Kids*, Miessence certified organic products, a 50% discount for a Holistic Feng Shui E-consultation valued at \$300, a Flower Essence twin pack (RRP \$20), a Space Clearing sampler pack valued at \$25, a Personal Budget Organiser (RRP \$70), a \$50 voucher to use for Money Coaching, an autographed copy of David Koch's book valued at \$30



SUNDAY, 4th OCTOBER 2009, 1pm to 4pm, Sunnybank Hills Library Meeting Room, inside Sunnybank Hills Shoppingtown * undercover parking level 2 Cnr Calam and Compton Rds, Sunnybank Hills, Brisbane \$10 OR \$5 concession, email [JANNETTE jthtc@yahoo.com.au](mailto:JANNETTE_jthtc@yahoo.com.au)

Each guest receives a gift bag with resource information and sample for all registrations

Presented by:

